



7 DAYS DISCOVERY CHALLENGE



7 Days Self Discovery Challenge

1. Who Are You? _____

2. If you could talk to your younger self what are two of the biggest lessons you would share and why?

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3. Ask the following people to give you three words to describe you. Choose a family member, a co-worker, and associate from church or organization.

Family Member

Co-Worker

Associate

4. List 4 things you are grateful that you didn't have last year that you have this year.

5. List 4 things you have accomplished and what are the 4 things you would like to accomplished?

6. What does unconditionally love means to you?

7. What does life means to you and what do you feel like you are on this earth to do?
